From the Principal...

Dear parents & friends of St Joseph’s School, Clare,

APOLOGIES

Sincerely apologies to the Millington, Jaeschke and Scheepers families for my omission in the last newsletter. Belatedly I’d like to welcome:

Stella Scheepers (Rec) – Ann-Louise & Morne
Ruby Jaeschke (Rec) – Megan & Grant
Alice (Yr 1) & Rupert (Yr 2) Millington – Sophie & Peter

I trust you have been warmly welcomed into our school community.

BUSINESS

Currently there are school buses which transport our students to and from school that are quite full. One, in particular, has a waiting list. We are currently trying to work through this issue. To assist us can you ensure that all students travelling on the bus have completed the required paperwork? If you are unsure, can you please contact Helen Smith in the front office ASAP.

BUSES NOT RUNNING

On Monday 27th Clare Primary School and Clare High School will be holding a pupil free day. As a result, only the Blyth bus will be running. We apologise for any disruption.

QUICK NUMBER PARENT INFO SESSION

On Thursday 16th February we will be conducting a QuickNumber information session in the library at 3:20pm and again at 7:00pm. QuickNumber is a program we have developed to assist our students to improve their number automaticity. We now have all students from Reception to Year 6 involved in the program. The information session will last approximately half an hour. If you want further information or have questions about the program, please take this opportunity to attend.

ASSEMBLY

This term we have locked in two Assemblies - Friday 3rd March and Thursday 13th April. We usually hold assemblies at the mid-point and the end of each term. This is a great way to gather and celebrate students’ achievements. The assemblies are organised and run by our LEAD reps (Lead, Encourage, Assist, Demonstrate). Each class teacher presents their Program Achieve awards. The much coveted Honour Awards are then presented to five children who have displayed excellence in some aspect of schooling. The recipients then proudly wear the Honour Badge for the following five weeks. Assemblies are normally held at 9am under the shade area (weather permitting) and run for approximately half an hour.

ROAD SAFETY

We are in a great position that we currently have a lot of students taking the healthy option of either walking or riding to school. Please ensure you take to your child regarding road safety and using the appropriate crossing points. The crossing area on Victoria Road is monitored from 8.20 to 8.50 each morning and 3.15 onwards after school. Also, due to so many students accessing buses in the morning and afternoon, can you please avoid using the bottom gate as it gets crowded in that area.

BREKKY, BIKES AND BEIN’ SAFE

Our school has been invited to take part in the “Brekky, Bikes & Bein’ Safe” ride to school on Thursday 2nd March. Clare & Gilbert Valleys Council invite you to celebrate their continuing commitment to the health and wellbeing of the community at their formal signing into the OPAL Network Partner breakfast and bike ride. Both John Grbin and Chris Slattery will be taking part in this event. You can meet them at the Lennon Street car park of the Riesling Trail at 7.15am for the free eggs and pancake brekky at the official OPAL Network Partnership signing. Then, along with the other six educational sites within Clare, we will commence the 4.5Km ride to St Joe’s.

The route will see us ride north along the Riesling Trail then turn around and head back to the Lennon Street car park where we will then head to school. The ride will be held with the support of SAPOL, the Council and OPAL.

If you aren’t able to join the ride, John and Chris will happily look after your children as they will be there between 7-8am.

ST JOSEPH’S SCHOOL

29 Victoria Road, Clare S.A. 5453
EMAIL: peters@stjoclar.catholic.edu.au
WEBSITE: www.stjoclar.catholic.edu.au

Phone: (08) 8842 3830 | Fax: (08) 8842 3410 | www.stjoclar.catholic.edu.au
SCHOOL NEWS

PARENT INFORMATION EVENING

Sincere thanks to the staff who did a tremendous job in preparing and presenting information in regards to teaching and learning that is taking place in their respective classrooms. Prior to these sessions, we met in the Church, where we introduced all staff members and explained their roles. As a result of other sessions presented I have been asked to include a couple of them in the next newsletter - so here goes.

School Master Plan

This time last year we spoke about Master Planning and on the surface it would appear that not much has progressed, hence the importance of me providing an update. Catholic Education has changed their process and personnel which provided us with our first hurdle. We have since had the newly appointed Peter Bleckly visit our school and look at the site. The Board has written and submitted a Master Plan brief which included:

- Vision for the Community
- Vision for learning
- Design implications
- Site plans
- Future enrolment details
- Indicative budget
- Summary of stakeholders
- And an educational brief.

This was accepted and approved by Catholic Education Office and they recommended Architects. From there we went to tender to appoint an architect. The board has appointed Kon Michael from Swanbury Penglese.

We are now heading towards the pointy end where we commence consultation - this will involve the Parish, Students, Staff, P&F, School Board and Senior Leadership. I have presented a proposal to Fr Paul which will involve the Parish. The Parish is a vital group to liaise with in this process as it will involve changes to Parish grounds and structures - as soon as I get the OK with this, I will meet with the Board and commence the next stage. Below is part of the consultation process.

MISTAKES AND RISK TAKING

I also presented a section on mistakes and risk taking that you may find interesting.

At St Joseph’s we aim for each child to achieve personal excellence in their Spiritual, Academic, Social and Sporting/Recreational lives. To achieve this students need to be provided with, or challenge/push themselves, to a level which means they will encounter knock-backs and make mistakes. I’m sure we’ve all learned throughout our lives that it is often when we make a mistake that we learn far more about ourselves, our capabilities and our strengths. This is what we want for our children. As parents and teachers we need to provide opportunities for this to happen. We should embrace failures, mistakes and mess ups as they teach powerful lessons.

- Mistakes teach us to clarify what we really want and how we want to live - they help us focus on the important things.
- Mistakes teach us to accept ourselves and that we can be flawed and be loved - we can laugh at ourselves and not be self-defeating.
- Mistakes teach us to accept our fallibility and face our fears - by facing our fears we can often help them disappear.
- Mistakes teach us about ourselves and how to tell ‘our truth’ - making mistakes helps us to practise being truthful with ourselves.
- Mistakes teaches us through feedback, about what works and what doesn’t - feedback from mistakes can be the most specific, pointed and powerful feedback we’ll ever get.
- Mistakes teach us responsibility - taking responsibility ensures we know what to do better next time.
- Mistakes teach us about integrity - choices have power so it is important we pay attention to the integrity of our words and actions.
- Mistakes teach us to engage in our lives, to live fully - mistakes are evidence that we are growing, risking and striving to meet our true potential.
- Mistakes allow us to inspire others - as parents we can teach our children that it is ok to fail as it gives us the chance to talk through what we could or would have done differently.

The year 7’s were recently looking at my favourite mistake maker Thomas Edison who said, after creating the light bulb, “I have not failed. I have just found 10,000 ways that won’t work”.

OLD SCHOLAR SUCCESSES

Congratulations to the following old scholars who have been elected as Sports Captains at Clare High School:

Scott - Joseph Lally & Ellie Falconer
Gleeson - Chloe Cook
Stanley - Ollie Barrett & Etabez Donata

Always great to hear that our old scholars are achieving.
SCHOOL NEWS

SCHOOL AGM
You are invited to attend our School Annual General Meeting which will be held on Tuesday 7th March at 7.30pm. The agenda will be as follows:

- Prayer
- Principal’s Report
- Chairperson’s Report
- Treasurer’s Report
- P&F Report
- Recognition of School Board Contribution
- Induction & Introduction of Board Members
- Induction of P&F Executive
- Drinks and nibbles

Last year this event was finished within an hour. It is a great opportunity for you to receive an overview of the happenings in our school. Unlike other AGMs no jobs are allocated on the evening. This allows people to attend without the fear of receiving a job.

The role of the School Board is as follows:
Each diocesan School Board has the responsibility for the overall wellbeing of its school. In practice, this means that in a spirit of partnership, Boards act in an advisory capacity to:

- Develop policies that nurture the religious dimension and guide the direction of the school;
- Develop a relationship between the school and the local Church;
- Ensure that the academic standards of the school must be at least as distinguished as that achieved in other schools in the region;
- Protect children;
- Monitor buildings and grounds development and maintenance;
- Exercise financial stewardship of the school;
- Ensure compliance with legal obligations.

The board consists of Parish Priest, Principal, Teacher Rep, Parish Pastoral Council Rep, P&F Rep, Staff Rep, and 5-7 elected members.

* Note: We have a School Board meeting next week and at the meeting the number of vacancies will be finalised.

ROYAL COMMISSION CIRCULAR
Archbishop Wilson & Rev Fr Philip Marshall have released a circular regarding the Royal Commission into Institutional Responses to Child Sexual Abuse. We have uploaded this on to our website for your interest.

TERM CALENDAR CORRECTION
Please note that the meeting date in the Calendar 9th March should read QuickSmart not QuickNumber. Invitations will be issued to the parents of QuickSmart students.

2018 ENROLMENTS
Do you have a child starting school at St Joseph’s in 2018? Please contact Helen Smith in the front office to double check your enrolment details.

CANTEEN COMMENCES WEEK 7
Exciting news!!!
We now have a group of three parents who have agreed to take on the role of Canteen Coordinators for this year. We extend a huge thank you to Nicola McMurray, Kylie Smith and Leanne Lang who have kindly offered to take on this role. Canteen will be up and running ready to take orders for Friday of Week 7 – 17 March.

Information will come out this week in order to ensure we have the required volunteers to run this service.

POSITIVE FEEDBACK
Last week I received an email from a parent which I believe sums up what we are trying to achieve here at St Joseph’s School. The new parent described the Junior Primary area as “this wonderful village where everyone was really welcoming”. The parent also said that he was amazed that the older year 7 girls had given up their own time to spend with his child and that they showed a genuine interest in her wellbeing.

SCHOOL PICNIC
That leads on beautifully to our upcoming School picnic. Each year we hold a picnic in the school grounds (JP lawn area) which is designed to be a social gathering for our families to gather and mingle in a very relaxed family atmosphere. Each year we try to have it coincide with Shrove Tuesday as it not only suits the celebration of Shrove Tuesday but the children also love to eat the pancakes, which the School Board cook on the night (another way to find out who is on our School Board). Shrove Tuesday is on the 28th February. The evening will start at 6pm. The school provides the venue and you bring your own chairs/rug, drinks and food. It is an excellent opportunity for new parents to get to know other families and for existing families to make the new families feel welcome and catch up with others. It isn’t a late night with families leaving when they like. I look forward to seeing you on Tuesday 28th February at 6pm.

THOUGHT OF THE WEEK
The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark. - Michelangelo

God bless,
Peter Shearer
FRIDAY 17 FEBRUARY
This Friday 17 February, 12pm St Michael’s Church, Clare, a Mass will be held for the students from Reception to Year 2/3. This Mass will be celebrated by the children in Mrs Lemon, Mrs Lloyd/Mrs Mensforth, Mrs Vine/Mrs Nield, Mrs Lawson/Mrs Weckert and Miss Linn’s classes.

FAMILY MASS - SUNDAY 19 FEB, 9AM, CLARE
This Sunday a family Mass is being held at St Michael’s Church, Clare, at 9am. This Mass is a child-friendly Mass with children taking on the majority of roles and the songs played are child-friendly and sung regularly at school Masses. Following the Mass there is an opportunity for families to gather and share morning tea.

We would love to see you there!
Children’s/Family Mass Committee

WELCOME MASS/ LEAD MEMBERS INDUCTION - 24 FEB, 12PM
On Friday February 24 (Week 4), we will formally welcome all new students and their families to St Joseph’s School at our Friday Mass. This special ritual acknowledges the wonderful gift of each new student, and their family, to our faith community.
At this Mass we will also induct our new LEAD representatives for each class. The Lead representatives are elected into the role by their peers and take on the role at representing their class at LEAD meetings to share their concerns and celebrations in being a member of the St Joseph’s School community.
All parents and friends are warmly invited to attend the Mass which will be held in St Michael’s Church Clare at 12pm.

ASH WEDNESDAY - 1 MARCH
A whole school Ash Wednesday Liturgy will be held on Wednesday 1 March, 9.10am, St Michael’s Church, Clare. We encourage all parents to join us for this liturgy as we commence the Liturgical Season of Lent.
The Season of Lent is the start of our preparation time for Easter, and is a time of penance, reflection and fasting that prepares us for Christ’s Resurrection on Easter Sunday.

VALUE OF THE WEEK:
Value: Punctuality
Program Achieve Key: Organisation
Action: Arrive on time at line up and to class
The word of God: John 8:26
He who sent me is reliable.

THOUGHT FOR THE WEEK:
We will help each other experience God’s love for all

On this day our foreheads are marked with ashes to remind us to humble our hearts and to reflect that life passes away on earth. Ashes are a symbol of penance made sacramental by the blessing of them in the Church. They help us to develop a spirit of humility and sacrifice.
The ashes are made from blessed palms used in the Palm Sunday celebration of the previous year. They are christened with Holy Water and are scented by their exposure to incense. The ashes are a reminder that God is gracious and merciful to all those who call on Him with repentant hearts. His divine mercy is very important during the season of Lent, and the Church calls on us to seek that mercy during the entire season of Lent.

STATIONAL MASS - 3 MARCH, RIVERTON, 7pm
On Friday 3 March, the first of the “Stational Masses” that the Archbishop holds throughout the diocese during the liturgical season of Lent, will be held in Riverton at 7pm. At the Mass, parishioners and school community members are invited to gather around the bishop and to support any community members who are preparing for receival into the Catholic Church. It is a Mass for our region, including the parishes of Yorke Peninsula, Riverton/Manoora, and Lower Light. The name ‘stational’ stems from the Bishop of Rome travelling around the diocese and ‘stopping’ at each of the major churches.
Families of children preparing for the Sacraments are strongly encouraged to attend.
The Mass will be held at 7pm at the Catholic Church of the Good Shepherd, 33 Swinden Street, Riverton.

SACRAMENTAL PROGRAM 2017
The Sacramental program will again this year be run through a joint program between the school, the parish and families. This program is open to all children who have been baptized into the Catholic Church.

YEAR LEVELS FOR SACRAMENTS
Year 3 – Reconciliation
Year 4 – Confirmation and First Holy Communion
CONFIRMATION/ FIRST HOLY COMMUNION MEETING - WEDNESDAY 22 FEBRUARY, 7PM

The first Parent and Child meeting for children who will this year be preparing for the sacraments of Confirmation and First Holy Communion will be held on Wednesday 22 February at 7pm in St Joseph’s School Library. The children will generally be in Year 4 this year and are required to have previously celebrated the Sacrament of Reconciliation in the Catholic Church.

Tentative dates are available on the school website under the news and events tab, religious education news, Key Sacramental Dates 2017.

RECONCILIATION

Information will come out shortly inviting children from Yr 3 and above, who have been baptized in the Catholic Church, to prepare for the Sacrament of First Reconciliation. The first of these meetings will be held in early Term 2.

Tentative dates are available on the school website under the news and events tab, religious education news, Key Sacramental Dates 2017.

BAPTISM

Those seeking baptism for their children or receival into the Catholic Church (Children who have already been baptized into another religious tradition, whose parents are willing to support them to join the Catholic faith) are invited to contact Fr Paul Fyfe on 8843 4235 or 0427 566 324 to explore this opportunity.

JOSEPHITE CHARISM

Greatly inspired and encouraged by Father Tenison Woods, Mary Mackillop opened the first Saint Joseph’s School in a disused stable in Penola, 19 March 1866, the feast day of St Joseph. The Sisters of St Joseph date the foundation of their religious order to that day although the Rule for the order was not officially approved by Church authorities until some years later.

On 15 August 1867 Mary Mackillop took the vows of poverty, chastity and obedience. Mary adopted the religious name ‘Sister Mary of the Cross’. The order came to be known as the ‘Josephites’ or ‘Brown Joeys’ because of the colour of their religious habit. The mission of the ‘Josephites’ is to the schooling of the children of the poor and particularly the schooling of those who live in rural and isolated areas.

St Joseph’s School continues the traditions and charism of the Sisters of St Joseph. We have a rich association with the Sisters of St Joseph from our early days of operation as a school.

At St Joseph’s School we endeavour to live our ‘Josephite Charism’ in all we do. At the commencement of each school year each class unpacks this charism and talks about the identified characteristics we need to display in order to live out the ‘Josephite Charism’.

In today’s newsletter we send home, ‘Living out our Josephite Charism 2017’, so that you too can talk with your children about how they can live out this charism, not only in their school life, but also in their interactions with others in the wider community on a day-to-day basis. We ask that parents spend some time reading through this firstly on their own and reflecting on this, and then spend some time talking to your children about how they can live out this charism in all aspects of their life.

SOUTHERN CROSS

The current edition of the Catholic newspaper put out by the Archdiocese called, ‘The Southern Cross,’ is available at: www.thesoutherncross.org.au

God bless,
Paula Clark
APRIM
(Assistant Principal Religious Identity and Mission)
Confident kids think differently to children who lack confidence or who have low self-esteem. Dr. Michael Bernard, the creator of “You Can Do It!”, an achievement program for children and young people found that a child's thinking habits tended to be a greater determinant of academic and even social success than real ability.

In many ways this is stating the bleeding obvious. Most of us have met or worked with very talented people who are held back by low self-esteem or poor self-belief. They talk themselves down or out of success before they have even tackled a task.

Bernard found that children with low self-esteem had three poor thinking habits, which are reflected through the way they speak and behave. These poor habits are:

1. The use of self-put downs:
   e.g. “I am no good.” “I am not that smart”
2. Perfectionism:
   e.g. “I can't make any mistakes with this activity. If I can't do it perfectly then I won't do it.”
3. Need for approval:
   “What do you think of this mum? Do you like it?”

Confident kids have different automatic mindsets to children with low self-esteem. A mindset or habit of the mind is the automatic tendency of a child or young person to think in a certain way. By thinking in a certain way a child will experience certain emotions which will influence his or her behaviour.

Confident children and young people have the following three positive mindsets, which guide them through the course of their day:

1. Self acceptance
   e.g. “I'm okay even when I make mistakes.”
2. Taking risks
   e.g. “I will have a go even if I can't get it right straight away.”
3. Being independent
   e.g. “It's what I think about myself, not what others think that matters.”

Confidence means a child knowing that he or she will more than likely be successful at many of the activities that he or she will tackle. They will not necessarily succeed the first time but with effort and patience they will succeed eventually. Confident kids, for this reason, are more likely to persist and stick to a task.

Four factors affect the development of child’s mindset. These are:

1. Genetic tendency.
   Some kids are simply more optimistic than others. They can thank one of their parents for this!
2. Past experiences of success or failure.
   When kids experience success particularly after they have struggled they are more likely to think that they can achieve next time. That's why small struggles and early successes mean so much.
3. Exposure to confident mindsets.

Heaps of research reinforces the notion that children pick up the explanatory style of the significant adults in their lives. The message is clear. Parents' optimism needs to be heard by children and their ‘woe-is-me thinking’ needs to be curbed.

4. Direct intervention.
   Parents and teachers can directly model and teach children to think confidently and develop a mindset for confidence and persistence.

Parents can do little about the first factor, but we can certainly do a great deal about the last three factors. This places parents in a very influential position, particularly in a child's first eight to ten years. These are the self-esteem or self-confidence building years as it is during this time kids are trying to work out the answers to two key questions: “What can I do?” and “How do I fit in?”

Parents need to not just send the message to children through their language and the way they treat them that they are capable but they can also help them develop positive mindsets by displaying:

- an optimistic explanatory style,
- developing a vocabulary of around confidence (“you can do it”) and persistence (“hang in there”) mindsets,
- catching kids in the act when they show confidence and,
- teaching them how to reframe negative thinking into positive thinking.

These are just some of the strategies we can use to develop confident mindsets in kids.
"Who am I?" It's always a worthwhile (yet somewhat scary) question to reflect on. Even more confronting can be asking your peers, "Who do you think I am?"

These were important questions for us to ask as we embarked on a new journey in Year 6. If we wanted to set goals and work hard to achieve success, we needed to be sure we knew what we were dealing with; we needed to be sure we had a good 'picture' of ourselves!

We built an understanding of ourselves and our friends by: drawing each other using one continuous line, creating our own digital avatar (which we are painting with acrylic on rice), developing a word cloud of our values and qualities (with a little help from our friends), identifying our 'marshmallow' - our temptations or distractions that stand in the way of our goals; and starting to explore song lyrics as an expression of our values, hopes and dreams!

It has been interesting to match our everyday actions to ideas we have about ourselves, and uplifting to learn the qualities others see in us. And what a fun way we went about it...welcome to the world of Year 6 portraiture - the many weird and wonderful ways we can represent ourselves! We hope you can find the time to pop in to our classroom and see more examples of our work (oh, and the exciting work space we have to enjoy, too!).
CANTEEN

Exciting news!!!

We now have a group of three parents who have agreed to take on the role of Canteen Coordinators for this year. We extend a huge thank you to Nicola McMurray, Kylie Smith and Leanne Lang who have kindly offered to take on this role.

Canteen will be up and running ready to take orders for Friday of Week 7 – 17 March.

Information will come out this week in order to ensure we have the required volunteers to run this service.

If anyone is interested in coming on the Canteen Committee we are always looking for new members to support the team who take on providing this valuable resource for families. There are a number of jobs this committee undertakes which require only a few hours of support per term. Please catch up with Paula Clark at school or email her at pclark@stjoclar.catholic.edu.au, if this is maybe something you would be interested in supporting.

KIDS IN THE KITCHEN

ROAST VEGETABLE SALAD

How good does this ROAST VEGETABLE SALAD look?
... Get in my belly!!!

Shaker Jar Dressing:
1/2 cup olive oil
2 tablespoons balsamic vinegar
1 garlic clove finely chopped
1 tbsp brown sugar
1 tbsp seeded mustard

Salad Ingredients:
2 cups of left over roast vegetables (e.g. carrots, sweet potato, beetroot, pumpkin, potato, parsnip, garlic, onions, zucchini or any other of your favourite roast vegetables)
150 grams mixed lettuce leaves
1/2 cup of herbs lurking in your fridge or that you are growing (e.g. mint, parsley, chives, spring onions etc)
2 tbsp Sunflower seeds.

Place all dressing ingredients in a jar and shake well
Wash lettuce leaves and dry with a tea towel
Chop roast veggies into small 1-2cm cubes
Layer lettuce leaves and roast vegetables on a plate or platter
Sprinkle 2 tablespoons of dressing on top of salad
Top with the sunflower seeds
During the year the P&F provides many opportunities for parents to help out and raise money for our school. Please find below a list of dates for your diary. If you are able to assist or wish to coordinate any of these events with friends, please contact Allison Mason, P& F President on 0402 962 268 or email allison.mason@tafesa.edu.au

**DATES FOR THE DIARY**

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<th>TERM 1</th>
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<tr>
<td>Thursday, 2nd March, 2pm</td>
<td>P&amp;F AGM - Staff Room, all welcome</td>
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<td>Friday, 7th April</td>
<td>Sports Day - Parent helpers required for coffee machine and baking - more information to follow</td>
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<tr>
<td>Saturday, 15th April</td>
<td>Clare Easter Craft Fair - Parent helpers required for coffee machine and baking - more information to follow</td>
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<tr>
<td>Saturday, 22nd April</td>
<td>Harry Hookey, hosted by Greg Cooley &amp; St Joseph’s School - Parent helpers required - more info to follow</td>
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<th>TERM 2</th>
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<td>9th, 10th, 11th May</td>
<td>Barista Training - 3 day training, FREE training provided by TAFE SA. more information to follow. Interested persons please contact Ally Mason on 0402 962 268 or <a href="mailto:allison.mason@tafesa.edu.au">allison.mason@tafesa.edu.au</a></td>
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<tr>
<td>Friday, 19th May</td>
<td>Grandparent’s Day - Parent helpers required for coffee machine/baking/luncheon - more information to follow</td>
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<tr>
<td>Saturday, 20th May</td>
<td>Clare Gourmet Weekend - Sevenhill Cellars - Parent helpers required for coffee machine / baking.</td>
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<tr>
<td>Saturday, 17th June</td>
<td>School Community Dinner - Parent helpers required - more information to follow.</td>
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<th>TERM 3</th>
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<td>Friday, 22nd September</td>
<td>Parish &amp; School Fete - Parent helpers required - see follow up notices later in the year.</td>
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<tr>
<td>Friday, 8th December</td>
<td>Swimming carnival - Parent helpers required - see follow up notices later in year.</td>
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* Please note some dates are subject to change. Please check dates and times closer to event

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**SAVE THE DATE!**

Greg Cooley Wines presents...

**Aria Nominee**

**Harry Hookey**

**LIVE at St Joseph’s**

**SATURDAY APRIL 22ND**

Tickets on Sale 1st March via TryBooking.com

A not to be missed event
COMMUNITY

GIVING BLOOD FEELS GOOD
Every donation can save three lives.

The Blood Service Mobile Blood Donor Centre will be visiting:

Clare
Clare Sports Club,
Main North Road, Clare

Wednesday 8 March  2.30pm to 7.30pm
Thursday 9 March  10.00am to 6.30pm
Friday 10 March  7.30am to 1.00pm

Take your first step into basic athletics skills coaching...
INTRODUCTION TO COACHING COURSE (ITCC)

The ITCC is designed to help participants become better placed to assist children to perform basic athletic skills.

The course is great for those who want to know more about the skills of Athletics, so that they may help to coach children, assist at Little Athletics Centres or prepare students for school athletics carnivals.

METROPOLITAN COURSE
SUNDAY 26TH FEBRUARY 2017
10:00AM – 4:00PM

SA Athletics Stadium, 145 Railway Terrace,
Mile End 5031 SA

$65 PER PARTICIPANT
(must be 16 years of age at time of the course)

REGISTER ONLINE: www.salaa.org.au/ITCC

NOTE: The ITCC is nationally recognised by Little Athletics Australia and the ATCA, however it is not an accredited course. Certificates of attendance will be presented at the completion of the course. Upon request, school teachers can also be provided with a "Teachers Professional Development" document to use the ITCC towards their required professional learning.

Contact Little Athletics SA on 08 8352 8133 or at coaches@salaa.org.au for more information.

The Blyth Cinema presents...

MIDDLE SCHOOL: The Worst Years Of My Life! (PG)
Saturday 18 February @ 4.30pm
Sunday 19 February @ 4.30pm
Tuesday 21 February @ 6.30pm
Saturday 25 February @ 4.30pm

If you’ve read the books, you’ll love the Movie!
Bookings: Natalie McElroy 0498 756 519
cinemas@blythsa.com.au

www.cinema.blythsa.com.au
Meet John Grbin and Chris Slattery at the Lennon Street car park of the Riesling Trail at 7.15am for free eggs and pancake brekky before commencing the ride at 8am.
LIVING OUR JOSEPHITE CHARISM 2017

At St Joseph’s School

- We will recognise God’s presence in our daily life.
- We will recognise that God lives in all people – we are unique children of God.
- We will help each other experience God’s love for all.
- We will endeavour to show and share God’s Grace with each other.
- We will endeavour to show and share true forgiveness with each other. (With forgiveness comes the obligation to repair and rebuild relationships.)
- We will endeavour to make all decisions respecting the rights and dignity of those who will be affected by the decision.
- We will strive to embrace those who experience rejection and isolation.
- We will serve the poor, marginalised and isolated by reaching out with Jesus’ love.
- We will practice patience and show respect for the dignity of all.
- We will be tolerant of difference in each other and learn to celebrate and appreciate different gifts and talents.
- We will encourage simplicity, humility and hard work.
- We will look for the goodness in each person and spend time getting to know them as individuals.
- We will instill in our children a belief that they can achieve success in many ways.
- We will bring a sense of joy and wonderment into the children’s lives.
- We will be kind, honest and true to ourselves and others.
- We will show, by example, that our school is a happy, loving place.